

# Play and Sing with O

## variations over the Alujá

(sheet conceived by Lucas Ciavatta, Felipe Reznik and Mateus Xavier)

I

Gan		$\overline{1}$	$\overline{o}$ (2) $\overline{o}$	$\overline{3}$ $\overline{o}$	$\overline{4}$	$\overline{o}$
Atabaque		1	∅ (2) ∅	3 o	$\cancel{4}$	o

II

Gan		$\overline{1}$	$\overline{o}$ (2) $\overline{o}$ $\overline{o}$ (3) $\overline{o}$	$\overline{4}$	$\overline{o}$	
Atabaque		1	∅ (2) ∅	3 o	$\cancel{4}$	o

III

Gan		$\overline{1}$ $\overline{o}$	$\overline{2}$	$\overline{3}$	$\underline{o}$ (4) $\underline{o}$	
Atabaque		1	∅ (2) ∅	3 o	$\cancel{4}$	o

IV

Gan		$\overline{1}$ $\overline{o}$ $\overline{o}$ (2) $\overline{o}$ $\overline{o}$	$\overline{3}$	$\underline{o}$ $\underline{4}$ $\underline{o}$		
Atabaque		1	∅ (2)	(3) o	$\cancel{4}$	o

## STUDY INSTRUCTIONS FOR THE SHEET OF PLAY AND SING WITH O

To work with this sheet you must learn the preparatory o passo for the compound o passo and the compound o passo.

To watch it, please consult: [www.institutodopasso-en.org/folhas](http://www.institutodopasso-en.org/folhas)

### Remember

- The sheet is useless without o passo.
- The quality of the movement is essential in any exercise proposed here.

### Do the following sequence in all rhythms:

- 1 – Speak the gan (“numbers” and “o”s).
- 2 – Sing the gan (with “din” and “don”).
- 3 – Speak the atabaque (“numbers” and “o”s).
- 4 – Play the atabaque with bass and treble claps.
- 5 – Sing the gan while playing the atabaque.

**Note:** Use the O Passo exercise “Rhythm step by step” to simplify this final phase (playing and singing at the same time). Do only what is in the first beat, and keeping O Passo, add the elements one by one. Wait to add the following element until your familiarized with the previous ones.

### Codes

- On gans, the lines over the “numbers” and “o”s indicate a treble sound, “din”, for example; the lines under the “numbers”, “e”s and “i”s indicate a bass sound, “don”, for example.
- On atabaques, when the elements are marked by a line, it indicates a treble clap; when the elements are not marked, it indicates a bass clap.